

INTEGRATED MEDICAL GROUP, P.C.
GASTROENTEROLOGY / HEPATOLOGY
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UPPER ENDOSCOPY PREPARATION INSTRUCTIONS

FACILITIES:

1. **SCHUYLKILL ENDOSCOPY CENTER** - SUITE 103 Evergreen Professional Suites
2. **LEHIGH VALLEY SCHUYLKILL EAST** - East Norwegian St 2nd floor Out Patient Surgery

IMPORTANT!! IF YOU ARE TAKING ASPIRIN, BLOOD THINNER, INSULIN OR SUGAR PILL, PLEASE INFORM US. IF YOU HAVE VALVULAR HEART DISEASE, A PROSTHETIC HEART VALVE OR OTHER TYPE OF PROSTHESIS, PLEASE INFORM US, AS YOU MAY NEED ANTIBIOTICS BEFORE YOUR PROCEDURE.

1. Do not take **ASPIRIN** seven (7) days before the procedure (Ibuprofen, aleve, naproxen, excedrin)
2. Hold **PLAVIX** for five (5) days before the procedure.
3. Hold **COUMADIN, PRODAXA, ELIQUIS and XARELTO** two (2) days prior to the procedure.
4. Hold bedtime and morning **INSULIN**.

~~ YOU MAY NOT HAVE ANYTHING TO EAT OR DRINK AFTER 10PM THE NIGHT BEFORE

~~ DO NOT EAT OR DRINK ANYTHING IN THE MORNING.

~~ TAKE ONLY NECESSARY MEDICATIONS (**HEART or BLOOD PRESSURE**) WITH A SIP OF WATER.

~~ DO NOT TAKE INSULIN OR BLOOD SUGAR MEDICATIONS THE MORNING OF THE TEST.

~~ YOU MUST TAKE YOUR INSURANCE CARDS WITH YOU.

~~ **SOMEONE MUST ACCOMPANY YOU TO AND FROM THE CENTER SINCE YOU WILL NOT BE PERMITTED TO DRIVE HOME.**

~~ You must remove all piercing's from your face and/or tongue.

**IF YOU HAVE ANY QUESTIONS PLEASE CALL
(570) 622-5555
ASK FOR TRACEY, GEORGINE, CASSANDRA, VIRGINIA OR LOREN**

*****IF YOU ARE USING OUR PATIENT PORTAL AND YOU VIEW THE APPOINTMENT, PLEASE BE ADVISED THAT THE TIME LISTED **IS NOT** YOUR SCHEDULED TIME. THESE SLOTS ARE THERE JUST TO SHOW THAT YOU ARE SCHEDULED FOR THAT SPECIFIC DAY. THE TIME WILL COME DIRECTLY FROM THE FACILITY 1 BUSINESS DAY PRIOR TO THE PROCEDURE. *****